



Box 1000 CFB Comox  
Lazo B.C. V0R-2K0

www.glaciergreens.com

## 2010 Lunch Banquet Menu

### Soup and Sandwich / Salad

#### Soup and Sandwich – \$9

Two Soups  
One Cream & one broth  
Platters of Sandwiches  
Roast Beef  
Turkey and Swiss  
Ham and Cheddar  
Tuna Salad  
Egg Salad  
Vegetarian

#### Soup and Salad - \$9

Two Soups  
One Cream & one broth  
2 Salads  
( See Choices on side bar at right )  
Veggies and Dip

#### Burgers - Beef/Chicken - \$10

6 Oz. Ground Sirloin or  
5 Oz. Chicken Breast  
( For both choices add \$3  
2 Salads (see choices right )  
Kaiser Buns  
Assorted condiments  
French Fries

#### Steak Sandwich - \$15

7 Oz. Striploin  
Sautéed mushrooms  
Roasted Potatoes  
2 Salads ( see choices right )  
Garlic Bread

#### Meat & Cheese Platter - \$10

Meat Selection to include:  
Roast Beef  
Turkey  
Black Forest Ham  
Cheddar and Swiss Cheese  
2 Salads ( See choices at right )  
Kaiser Buns  
Assorted Condiments

#### Extras & Meetings

Coffee \$2.00 PP  
Juice \$1.50 PP  
Muffins \$2.00 PP  
Pastries \$2.00 PP  
Veggie Platter \$2.00 PP

\*Room Rental Available  
\*Golf functions Exempt

#### Contact Info

F&B Supervisor Justin Lafortune 250-339-8163  
food@glaciergreens.com

### Salads

Lunch Buffets  
(except Soup and  
Sand) include choice  
of Two salads.  
Additional choices  
are \$1.50 PP

Mixed Greens, Cae-  
sar, Mediterranean  
Pasta, Potato, Greek,  
Seafood Pasta, and  
Broccoli Grape.

### Desserts

Option on ALL lunch  
banquets lets you  
add the following  
desserts for \$2.00  
PP

Buttertarts  
Brownies  
Carrot Cake  
Nanaimo Bars  
Cheesecake Bites

### Coffee / Tea

Included with all Ban-  
quet Dinners.

### Taxes & Grats

To be applied at time  
of billing.

### Group Sizes

For groups of 30+  
buffets will be  
method of service.